

Benedict's Law: The statutory requirements for anaphylaxis



Mandatory Allergy Safety Policies

All schools in England must now maintain and publish a formal allergy safety policy.



Compulsory Staff Training

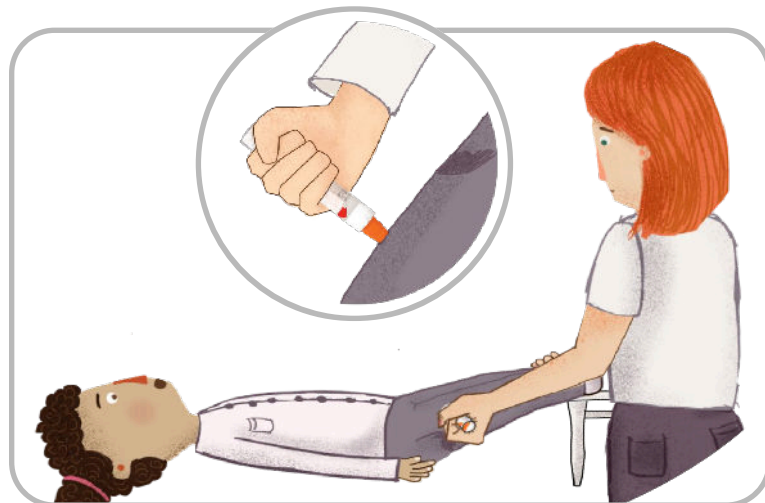
Schools are required to provide annual, quality anaphylaxis training for all staff members.



Spare Emergency Medication

Schools must stock spare adrenaline auto-injectors (AAIs) for use in emergency situations.

The 3-Step Emergency Response



1. Administer Adrenaline Immediately

If anaphylaxis is suspected, use the adrenaline auto-injector without delay.

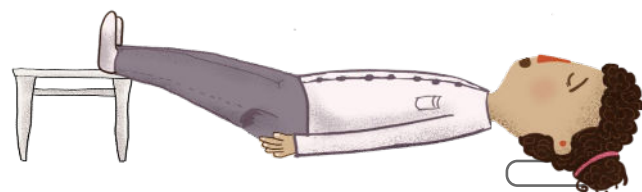


2. Alert Emergency Services

Call 999 and state: "Child in anaphylaxis – adrenaline given."

3. Positioning for Recovery

Lay the child flat with legs raised to maintain blood flow. (However, if breathing is difficult, allow child to sit)



Give a second adrenaline injection in the other leg, after 5 minutes, if symptoms worsen or do not improve. Have your AED ready and be prepared to start CPR if they stop breathing.

Reaction Level & Typical Symptoms

Mild to Moderate

Rash, itching, swelling of lips/eyes, nausea.



Severe (Anaphylaxis)

Difficulty breathing, vomiting, throat swelling, dizziness, or collapse.

