First Aid

How to Treat a Deep Cut which is Bleeding

! If somebody has a cut, your most important job is _____ - **not to clean the cut!**
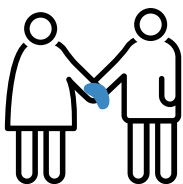
1 Calmly sit the person down. Put on _____ if possible.

2 Have a look at the wound to see if there is anything stuck in it. If there is, do not ___ _____, but be careful not to push the object in any further. _____.

3 Find some _____ material which is ____-_____, such as a t-shirt or tea towel.

4 Use the material to _____ _____ to the wound and hold it there to stop the bleeding.

5 _____ _____ and tell an adult what happened.

First Aid for Life™
The First Aid Experts