First Aid

What to do if Someone has a Graze

1. If someone has fallen over and grazed themselves, start by putting on _____ if possible.

2. Use an ______________ to gently wipe and clean the graze.

3. Pat the area dry, using _____, ________, __________________________ and put on a plaster.

4. Check the cut _________. Take the plaster off if the wound ___________________. Air can help it heal.

Suitable for:
- KS1
- KS2
- KS3

- Watch out for signs of infection: if the cut becomes ____, _____, painful, _______ or you see any pus.

Make sure that the person who you are helping is not ________ to plasters.

We wear gloves to ____________________________

Suitable for: KS1, KS2, KS3

First Aid for Life™
The First Aid Experts