



First Aid



What to do if Someone has a Graze



Make sure that the person who you are helping is not _____ to plasters.



If someone has fallen over and grazed themselves, start by putting on _____ if possible.



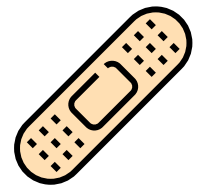
We wear gloves to _____



Use an _____ to gently wipe and clean the graze.



Pat the area dry, using _____, _____
_____ and put on a plaster.



Check the cut _____. Take the plaster off if the wound _____. Air can help it heal.



Watch out for signs of infection: if the cut becomes _____, _____, painful, _____ or you see any pus.

Suitable for:

KS1 ✓

KS2 ✓

KS3 ✓