First Aid

What to do if Someone has a Burn

If somebody has been burnt by something hot, the most important thing is to _________ the burnt area using ____.

Very carefully remove any ____________ which is covering the burn. Put on gloves if possible.

Do not remove anything that is stuck to the burn.

Put their burn under _____. _______ water (you could use a tap or a hose).

Hold the burn under the water for a full __ minutes (it is best if you time this). Try to keep the rest of them _____________ by giving them a jumper or a blanket.

If the burn is really big and painful you need to ___________. Always tell an adult what happened & get burns seen by a health professional.

Suitable for:

KS1 ✓
KS2 ✓
KS3 ✓