



First Aid



What to do if Someone has a Burn



If somebody has been burnt by something hot, the most important thing is to _____ the burnt area using _____.



Very carefully remove any _____ which is covering the burn. Put on gloves if possible.



Do **not** remove anything that is stuck to the burn.



Put their burn under _____, _____ water (you could use a tap or a hose).



Hold the burn under the water for a **full** _____ **minutes** (it is best if you time this). Try to keep the rest of them _____ by giving them a jumper or a blanket.



If the burn is really big and painful you need to _____. Always tell an adult what happened & get burns seen by a health professional.

Suitable for:

KS1 ✓

KS2 ✓

KS3 ✓