

UNCONSCIOUS AND BREATHING

1. You have found somebody unconscious. You have checked, and they are breathing. What position should you put them in?



The recovery position

2. What can happen if you leave someone who is unconscious and breathing lying on their back?

Their tongue can flop back and block their airway

3. What is the purpose of the recovery position?

To keep the airway open

4. What is the point of lifting their knee?

To stabilise their body

5. What do you need to keep doing once they are in the recovery position?

Checking that they are breathing
