

Head Injuries

Fortunately, most bumps to the head result in damage to the scalp only. Injuries to the head often look more serious than they are, as heads have a lot of veins and so bleed a lot. However, serious head injuries can result in damage to the brain, so it is vital to know what to look out for and quickly recognise signs that there could be something seriously wrong.



Call 999 if a baby or child is injured and they lose consciousness, even momentarily.

If someone has bumped their head, remain calm, but treat the injury as serious and get help to get the person to A&E if you observe any of the following:

- Abnormal breathing
- A serious wound
- Bleeding or clear fluid from the nose, ear or mouth
- Disturbance of speech or vision
- Pupils of unequal size
- Weakness or paralysis
- Dizziness
- Neck pain or stiffness
- Fitting
- Vomiting more than once

NOTE:

If it is a child that has bumped their head, ensure you tell their parent, or a responsible adult, what has happened. Symptoms can appear up to 48 hours after the injury and it is important everyone is aware that they have sustained an injury.

Written by Emma Hammett for First Aid for Life

www.firstaidforlife.org.uk

emma@firstaidforlife.org.uk

020 8675 4036



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